

Medication changes



Guidance on making adjustments to your patients' medications

This guidance aims to help you make medication adjustments, but please use your clinical judgement or contact the GP lead for this study.

| TYPE 2 DIABETES | |
|--------------------------|-----------------|
| Patient currently takes: | Recommendation |
| Metformin | HALF daily dose |
| Sulphonylurea | STOP |
| Glitazone | STOP |
| Glinide | STOP |
| DPP IV inhibitor | STOP |
| Acarbose | STOP |

At the end of the weight loss phase, re-assess patients requirements for oral diabetic therapies using

| HYPERTENSION | | |
|----------------------------------|--|--|
| Patient currently takes: | Current dose | Recommendation |
| Loop Diuretic: | | |
| <i>Furosemide</i> | ≤ 40 mg daily 80 – 120 mg daily ≥ 120 mg daily | STOP REDUCE <u>by</u> 40 mg daily REDUCE <u>by</u> 40 mg daily |
| <i>Bumetamide</i> | ≤ 1 mg daily 2–3 mg daily ≥ 3 mg daily | STOP REDUCE <u>to</u> 1mg daily REDUCE <u>by</u> 1mg daily |
| Thiazide Diuretic | | STOP |
| <input type="checkbox"/> Blocker | Used for hypertension Other uses | STOP CONTINUE |
| <input type="checkbox"/> Blocker | | HALF daily dose |
| Ca channel blocker | | HALF daily dose |
| ACE inhibitors or ARBs | Used for hypertension Used for heart failure | STOP HALF daily dose |

| LIPID DRUGS | |
|--------------------------|----------------|
| Patient currently takes: | Recommendation |
| Fibrates | STOP |
| Statins | CONTINUE |
| Ezetimibe | CONTINUE |